

Swansea Community Area Tennis Club

2020 JUNIOR SUMMER TENNIS CAMPS

Learn to play and improve your tennis in our weeklong camps for juniors aged 4-18. There will be on and off-court training. The emphasis will be on fun while improving athletic skills, coordination and tennis skills through drills and competitive play. Our certified coaches & instructors use progressive tennis methods in accordance with ITF and Tennis Canada.

A: Progressive 1 Red

The Red camp is designed for children 4-8 years old. The 1st level of progressive tennis uses larger foam and decompressed "Red" balls to allow for easier exchanges, 19" to 21" racquets for better control, mini sized nets and a smaller 12-meter court.

B: Progressive 2 Orange

The Orange camp is designed for student 8-11 years old. The 2nd level of progressive tennis uses a normal sized "Orange" tennis ball of much lower compression to make it easier for the students to acquire the required skills at this stage of development. 23' to 25' racquets are typically used and the court is 18m in size.

C: Progressive 3 Green

The Green camp is designed for students 10-14 years old who are still learning to rally. The 3rd level of progressive tennis uses a "Green" ball similar to a real tennis ball with 25% less compression. The students typically use a 25' to 27' racquet and a full sized tennis court.

D: Progressive 4 Teen Tennis - AFTERNOONS ONLY!

The Teen Tennis camp is designed for students from 13-18 years old (higher skilled 10-12 year olds who can rally well and or play OTA tournaments can be in this class) Students will play on a full sized tennis court with regular balls.

Daily Schedule:

8:45-9 AM Arrival

9-9:30 AM Warm Up and Coordination/Dexterity Drills

9:30-12 PM On Court Tennis Drills and other sport activities

12-1 PM Supervised Lunch (for all day participants)

1-4 PM On Court Tennis Drills, Coordination training & other activities (splash pad etc)

4-5 pm Extended care available upon request

In the Event of Rain Classes will be held in the clubhouse. The coaches will do fitness, coordination exercises, indoor activities, cover rules, etiquette etc. &/or watch videos to educate the kids to enhance their on-court training.

Sessions:

1. June 22-26	2. June 29-July 3*	3. July 6-10	4. July 13-17	5. July 20-24	6. July 27-31
7. Aug 4-7*	8. Aug 10-14	9. Aug 17-21	10. Aug 24-28	11. Aug 31-Sept 4	

Cost

Morning 9AM-12PM: \$230 +HST (*4 day camp costs \$184+HST)

Afternoon 1-4PM: \$220 +HST (*4 day camp costs \$176+HST)

Day Long 9AM-4PM: \$360+HST (*4 day camp costs \$288+HST)

4-5PM: Extended care available upon request (\$15/day+HST, \$60/week+HST)

Teen Tennis 1-4PM: \$200 +HST (*4 day camp costs \$160+HST)

If space, we will allow day **drop-ins** at the cost of **\$55/morning, \$45/afternoon and \$75+HST/Day.**

What to Bring to the Camps

Please bring tennis shoes, athletic attire (layers if weather if cool), a racquet, water bottle, snacks, sun block & hat. Full day camp – please bring a lunch. We will have racquets available for loan – please request in advance.

Tennis racquet & equipment DISCOUNT for campers

available at **Game Set Match Tennis Boutique** 782 Annette St. 416-760-0999

For Registration - Please visit swanseatennis.com